

| MONTAG 10.08. und 17.08. | | | | DIENSTAG 11.08. und 18.08. | | | | MITTWOCH 12.08. und 19.08. | | | | DONNERSTAG 13.08. und 20.08. | | | | FREITAG 07.08. u. 14.08.u. 21.08. | | | | SAMSTAG 08.08. und 15.08. | | | | SONNTAG 09.08. und 16.08. | | | | | | | |
|-----------------------------|--------------------------------|--------|-----------------|-------------------------------|--------------------------|-----------------------|-------------------|-------------------------------|--------------------------------|--------|-----------------------|---------------------------------|-------------------|--------|-------------------|--------------------------------------|--------------------------------|--------|---------------------------------------|------------------------------|--------|--------|--------|------------------------------|--------|--------|--------------------------------|-------|--------|--------|--------|
| Zeit | Saal 1 | Saal 2 | Saal 3 | Zeit | Saal 1 | Saal 2 | Saal 3 | Zeit | Saal 1 | Saal 2 | Saal 3 | Zeit | Saal 1 | Saal 2 | Saal 3 | Zeit | Saal 1 | Saal 2 | Saal 3 | Zeit | Saal 1 | Saal 2 | Saal 3 | Zeit | Saal 1 | Saal 2 | Saal 3 | Zeit | Saal 1 | Saal 2 | Saal 3 |
| 09:00 | | | | 09:00 | | | | 09:00 | | | | 09:00 | | | | 09:00 | | | | 09:00 | | | | 09:00 | | | | 09:00 | | | |
| 09:30 | | | | 09:30 | | | BODY WORKOUT | 09:30 | | | | 09:30 | | | RÜCKEN FIT | 09:30 | | | | 09:30 | | | | 09:30 | | | | 09:30 | | | |
| 10:00 | | | | 10:00 | | | | 10:00 | | | | 10:00 | | | | 10:00 | | | | 10:00 | | | | 10:00 | | | | 10:00 | | | |
| 10:30 | | | | 10:30 | | | | 10:30 | | | | 10:30 | | | | 10:30 | | | | 10:30 | | | | 10:30 | | | | 10:30 | | | |
| 11:00 | | | | 11:00 | | | | 11:00 | | | | 11:00 | | | | 11:00 | | | | 11:00 | | | | 11:00 | | | | 11:00 | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 13:00 | | | | 13:00 | | | | 13:00 | | | | 13:00 | | | | 13:00 | | | | 13:00 | | | | 13:00 | | | | 13:00 | | | |
| 13:30 | | | | 13:30 | | | | 13:30 | | | | 13:30 | | | | 13:30 | | | HIP-HOP 8 - 12 Jahre | 13:30 | | | | 13:30 | | | | 13:30 | | | |
| 14:00 | | | | 14:00 | | Ballett ab 3 Jahre | | 14:00 | | | Ballett ab 6 Jahre | 14:00 | | | | 14:00 | | | | 14:00 | | | | 14:00 | | | | 14:00 | | | |
| 14:30 | | | | 14:30 | | | | 14:30 | | | Ballett ab 3 Jahre | 14:30 | | | | 14:30 | | | | 14:30 | | | | 14:30 | | | | 14:30 | | | |
| 15:00 | | | | 15:00 | | Ballett ab 6 Jahre | | 15:00 | | | | 15:00 | | | | 15:00 | | | | 15:00 | | | | 15:00 | | | | 15:00 | | | |
| 15:30 | | | | 15:30 | | | | 15:30 | | | | 15:30 | | | | 15:30 | | | HIP-HOP 13 -16Jahre | 15:30 | | | | 15:30 | | | | 15:30 | | | |
| 16:00 | | | | 16:00 | | | | 16:00 | | | | 16:00 | | | | 16:00 | | | | 16:00 | | | | 16:00 | | | | 16:00 | | | |
| 16:30 | | | | 16:30 | | | | 16:30 | | | | 16:30 | | | | 16:30 | | | | 16:30 | | | | 16:30 | | | TANZEN LEVEL 1 | 16:30 | | | |
| 17:00 | | | | 17:00 | | | | 17:00 | | | | 17:00 | | | | 17:00 | | | | 17:00 | | | | 17:00 | | | | 17:00 | | | |
| 17:30 | | | | 17:30 | | | | 17:30 | | | | 17:30 | | | | 17:30 | | | | 17:30 | | | | 17:30 | | | TANZKREISPAARE | 17:30 | | | |
| 18:00 | | | | 18:00 | | | | 18:00 | | | | 18:00 | | | | 18:00 | | | | 18:00 | | | | 18:00 | | | LEICHT | 18:00 | | | |
| 18:30 | TANZEN LEVEL 2 | | | 18:30 | TANZEN LEVEL 1 | | ZUMBA | 18:30 | TANZEN LEVEL 1 | | BODY WORKOUT | 18:30 | TANZEN LEVEL 2 | | RÜCKEN FIT | 18:30 | TANZEN LEVEL 1 | | SALSA Lady Style SALSA PAARE | 18:30 | | | | 18:30 | | | TANZKREISPAARE | 18:30 | | | |
| 19:00 | | | ZUMBA | 19:00 | | | ZUMBA | 19:00 | | | | | | | | 19:00 | | | | 19:00 | | | | 19:00 | | | TANZKREISPAARE | 19:00 | | | |
| 19:30 | TANZKREISPAARE ANPRUCHSVOLL | | BODY WORKOUT | 19:30 | TANZKREISPAARE LEICHT | | INTENSIVE YOGA | 19:30 | TANZKREISPAARE ANPRUCHSVOLL | | ZUMBA | 19:30 | TANZEN LEVEL 1 | | INTENSIVE YOGA | 19:30 | TANZKREISPAARE ANPRUCHSVOLL | | | 19:30 | | | | 19:30 | | | TANZKREISPAARE ANPRUCHSVOLL | 19:30 | | | |
| 20:00 | | | | 20:00 | | | | 20:00 | | | | 20:00 | | | | 20:00 | | | | 20:00 | | | | 20:00 | | | | 20:00 | | | |
| 20:30 | | | | 20:30 | | | | 20:30 | | | | 20:30 | | | | 20:30 | | | | 20:30 | | | | 20:30 | | | TANZEN LEVEL 3 | 20:30 | | | |
| 21:00 | TANZEN LEVEL 3 | | | 21:00 | | Linedance | | 21:00 | TANZEN LEVEL 2 | | | 21:00 | | | | 21:00 | | | | 21:00 | | | | 21:00 | | | | 21:00 | | | |
| 21:30 | | | | 21:30 | | | | 21:30 | | | | 21:30 | | | | 21:30 | | | | 21:30 | | | | 21:30 | | | | 21:30 | | | |
| 22:00 | | | | 22:00 | | | | 22:00 | | | | 22:00 | | | | 22:00 | | | | 22:00 | | | | 22:00 | | | | 22:00 | | | |
| 22:30 | | | | 22:30 | | | | 22:30 | | | | 22:30 | | | | 22:30 | | | | 22:30 | | | | 22:30 | | | | 22:30 | | | |
| 23:00 | | | | 23:00 | | | | 23:00 | | | | 23:00 | | | | 23:00 | | | | 23:00 | | | | 23:00 | | | | 23:00 | | | |

